

# TABULÉ

## Breakfast Menu

All dishes served with Tea



### Beirut <sup>S</sup>

£8.50

Labneh, sujuk & halloumi, fried Egg  
2 mini manakish (cheese & zaatar)  
Served with vegetables and bread.

### Al Quds <sup>S</sup> <sup>V</sup> <sup>✓</sup>

£8.50

Hummus, falafel, fuul and  
2 mini manakish (zaatar & muhammarah)  
Served with vegetables and bread.

### Full English

£7.90

Free range pan fried eggs, hash browns,  
turkey rashers, baked beans & beef sausage.  
Served with toast and butter

### Veggie Full English <sup>V</sup>

£7.90

Hashbrowns, beans, vegan sausage,  
tomato, mushrooms & avocado  
Served with toast and butter



## Manakish From the oven!

"Manakish" or as we call it in Lebanon  
"Man'osheh" is a popular Levantine  
dish consisting of dough with different  
toppings of your choice

Zaatar <sup>V</sup> <sup>S</sup>	£4.50
Zaatar & Cheese <sup>V</sup> <sup>S</sup>	£5.50
Zaatar Labneh <sup>V</sup> <sup>S</sup>	£5.00
Lahem Bil Ajin	£4.90
Lahem Bil Ajin & Cheese	£5.50
Sujuk & Cheese <sup>V</sup>	£6.90
Halloumi & Feta Cheese <sup>V</sup>	£5.50
Muhammarah & Cheese <sup>V</sup>	£5.50
Spinach & Feta Cheese <sup>V</sup>	£6.00
Moroccan Chicken & Cheese	£7.00
Cheese Lover <sup>S</sup>	£6.90
Folded and filled with 4 types of cheese	
Shakshuka <sup>V</sup>	£6.90
Topped with pepper, tomato, cheese & egg	
Classic Margherita <sup>V</sup>	£5.90
Base of tomato sauce topped with cheese	

### Sweet Treat <sup>S</sup> £5.90

Oven baked bakery stuffed with Toblerone chocolate  
and slices of banana.

### Tabulé Sweet <sup>N</sup> £6.90

Halawa, Arabic tahini sweet, with hazelnut chocolate,  
season berries & pistachio nuts



**Allergy Notice:** Please tell a member of staff if you suffer from any allergies

<sup>✓</sup> Vegan <sup>V</sup> Vegetarian <sup>N</sup> Nuts <sup>S</sup> Sesame

## Served with homemade bread

Hummus ✓

£4.50

£2.50

Beirut Hummus ✓

£4.80

£2.60

Hummus & Falafel ✓

£6.50

£4.50

Hummus Bil Lahme (N)

Topped with diced lamb and pine nuts

£6.50

£3.00

Fuul Medamas ✓

Broad beans cooked with onion, garlic, topped with olive oil & tahini

£4.50

£2.50

Falafel ✓

£4.50

£2.00

Labneh ✓

Strained yoghurt with garlic, dry mint & olive oil

£4.50

£3.00

Chicken Liver

Seasoned chicken liver sautéed in garlic, pepper, onions & pomegranate sauce

£5.50

£4.00

Halloumi & Watermelon

Grilled halloumi cheese served with watermelon & olives. Drizzled with olive oil

£5.50

£4.50

Ras Asfour

Tender diced lamb or chicken cooked in Lebanese spices topped with pomegranate sauce

£5.50

£3.00

Merguez

Grilled Moroccan sausage cooked in tomato sauce & pepper

£5.50

£3.00

Fatteh

Original £5 / Eggplant £5.60 / Lamb £6.00

Chickpeas, tahini, yoghurt, pita chips, garlic & pine nuts

Make your own mini Mezze min. order 3



## Soup

Moroccan Harira Soup ✓ 6

£3.50

Lentil Soup ✓

£2.50

## Choose your free range egg dish



Omelettes or scrambled egg

£4.50

with one topping - £5.90  
One extra topping - £1.20

Served with traditional homemade bread

Add your toppings: Diced Chicken | Diced Lamb | Meat Kafta | Shakshuka ✓

Turkey Rashers | Cheddar Cheese | Sujuk | Halloumi ✓ | Diced Potato ✓ | Merguez

## Simit Bagel

Served with a cup of tea

£5.00

- Filled and toasted with salami & cheese (N)
- Served with white (V) (N) cheese, tomato, cucumber, olives & jam



## M'semen Moroccan Bread

- Filled and rolled with egg, salami & cheese
- Feta Cheese, Honey & Cream
- Filled with Nutella chocolate, strawberries, bananas and fresh cream.



£5.00

Served with a cup of Moroccan Tea

